

ALDI STORES

Your Injury Support Program

Investing in the health and wellbeing of employees.

OBJECTIVES

To encourage employees to report injury symptoms early, with the aim of improving the health and wellbeing of the ALDI workforce.

To reduce the severity and frequency of musculoskeletal injuries.

To reduce the volume of injuries through the introduction of an early intervention framework.

Timeframe: 1 July 2021 – 12 May 2022



IMPACT



Over **2,300** calls made to the service



Reduced lost time injury frequency rate (LTIFR) in VIC by **36%**



Reduced average claims cost by **20%**



939 onsite treatments in initial 10 months



Mutual Benefits investment: **\$108,555**

FEEDBACK

ALDI employees did not previously have access to a triage service.

Injuries largely attributed to running load and picking stock.

Employees observed actively seeking treatment for non-work related injuries.

Musculoskeletal injuries account for over 70% of all injury types.

Overwhelmingly positive engagement from employees.

Program shows ALDI truly invests in the health and wellbeing of its employees.

DELIVERABLES

✓	Provide staff with six sessions of proactive physiotherapy.	✓	Rollout to entire Victorian employee base.
✓	24/7 access to a triage provider for priority appointments.	✓	3,560 employees in total.
✓	Ensure correct treatment from onset of symptoms.	✓	Provide convenient onsite treatment.
✓	Support employees with self-management advice.	✓	Record impact of program to assess effectiveness.

EMPLOYEES IN FOCUS

